

As a senior citizen living in the state of Wisconsin, there are several resources available to you that you may and may not know about. Below is a list of the top resources including information on housing, transportation, health, wellness & safety, grocery & prescription delivery, and volunteer opportunities available for Wisconsin seniors.



## HEALTH, WELLNESS & SAFETY

If you're looking for services not listed in this guide, here is a list of **HEALTH SERVICE HOTLINES** for various departments within Wisconsin's Department of Health Services.



### Wisconsin Medicaid Programs for Seniors

Seniors eligible for Medicaid have access to a wide range of programs to help maintain their quality of life. The programs offer everything from long-term care to resources for aging independently, as well as volunteer opportunities and so much more.

**General Phone:** 608-266-1865

**TTY Phone Number:** 711 or 800-947-3529



### IRIS (Include, Respect, I Self-Direct)

IRIS is a self-guided program that allows those in need of long-term care to take more control over their lives. Those enrolled are given a budget for their care services and, from there, are able to choose their own services based on their individual needs.

**General Phone:** 888-515-4747

**Fax:** 608-224-5727

**Email:** [DHSIRISGrievances@wisconsin.gov](mailto:DHSIRISGrievances@wisconsin.gov)



### PACE (Program of All-Inclusive Care for the Elderly)

PACE provides long-term care services to seniors by developing a comprehensive team of professionals to give coordinated care that allows individuals to continue living in their community, rather than transferring into a nursing home.

**General Phone:** 608-266-1865

**TTY Phone Number:** 711 or 800-947-3529



### Adult Protective Services

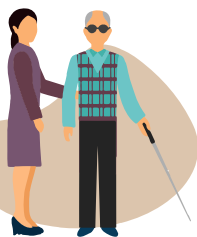
Adult Protective Services aids elders and other at-risk adults who are being abused, neglected, or exploited. The program can step in when necessary to prevent further harm and will provide more resources for long-term healing.

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### Blind or Visually Impaired Information and Services

This department serves adults who are blind or visually impaired to meet their individual needs and allow them to continue living independently, rather than in a care facility. They provide access to technology trainings, group visits, and more to provide a community for those in need.

**General Phone:** 888-879-0017

**Fax:** 888-879-0017

**Email:** dhsobvi@dhs.wisconsin.gov



### Office for the Deaf and Hard of Hearing

The office for the deaf and hard of hearing provides aid from help securing proper benefits to understanding the rights and laws for the deaf and hard of hearing community. Through the office, individuals also have access to technology trainings and service funds for proper equipment.

**General Phone:** 855-359-5252

**Fax:** 608-264-9899

**Email:** dhsodhh@dhs.wisconsin.gov



### Wisconsin Office of the Commissioner of Insurance

The commissioner of insurance is in place for those at or past retirement age to help ensure that individuals have the proper benefits in place to maintain their quality of life. The office has resources to navigate health, disability, life, and auto insurance for seniors.

**General Phone:** 608-266-3585

**Fax:** 608-266-9935

**Email:** ocicomplaints@wisconsin.gov



### Greater Wisconsin Agency on Aging Resources

This nonprofit organization works to help seniors navigate all the resources available to them throughout 70 counties in Wisconsin. They provide technical assistance, training, and advocacy to ensure that the programs provided to seniors are quality and all needs are met.

**General Phone:** 608-243-5670

**Fax:** 866-813-0974

**Email:** info@gwaar.org

## HOUSING ASSISTANCE & SUPPORT



### Wisconsin Housing Support Services

Seniors can find housing support through the Department of Health services if they are experiencing homelessness. This agency will help them find and sustain stable housing to elevate and maintain their quality of life.

# LIVING IN WISCONSIN

## DRIVING & TRANSPORTATION



The state of Wisconsin offer rides, bus tickets or money for gas for non-emergency medical appointments. To find out more, visit **WISCONSIN.GOV**.



### Wisconsin Aging Drivers

The department of transportation provides a list of resources for aging drivers to understand the laws and make sure that they are remaining safe while on the road. The department will help guide seniors through how to drive safely or offer alternatives to driving in some circumstances.

**General Phone:** 608-266-2327

**Fax:** 608-267-0518

**Click here for contact information**

### County Elderly and Disabled Transportation Assistance

The department of transportation also has a program to provide financial assistance to those who find themselves unable to drive safely anymore. This program provides safe and accessible transportation services to those who are aging or have a disability.

**General Phone:** 608-264-7447

**Find Nearest DMV**

**Questions about 85.21 Program, Call** 608-266-1128



## VOLUNTEER OPPORTUNITIES FOR SENIORS



### Serve Wisconsin

There are plenty of volunteer opportunities for seniors in Wisconsin to get involved in the community and continue to give back independently. Serve Wisconsin provides a comprehensive list of opportunities for aging adults.

**Email:** [servewisconsin@wisconsin.gov](mailto:servewisconsin@wisconsin.gov)

# LIVING IN WISCONSIN

## PRESCRIPTION & GROCERY DELIVERY IN WISCONSIN



Several pharmacies throughout Wisconsin offer free prescription medication deliveries on a variety of eligible medications to help serve those who may not have access to safe and accessible transportation to pick up the medications themselves.



### CVS Prescription Delivery

CVS offers prescription delivery to customers who are signed up for text alerts or have the app. When you are notified that your prescription is ready, simply choose the delivery option. You can even select auto-delivery at checkout for future orders.



### Walgreens Prescription Delivery

Walgreens offers home prescription delivery services for any customers who need them. You can get up to a 90-day supply and even opt-in for automatic refills if you are eligible.



### Walmart Grocery & Pharmacy Delivery

Walmart offers free standard shipping on its prescription delivery services and will deliver to your home or office. They also offer convenient grocery delivery services for anyone who needs to save time or energy.

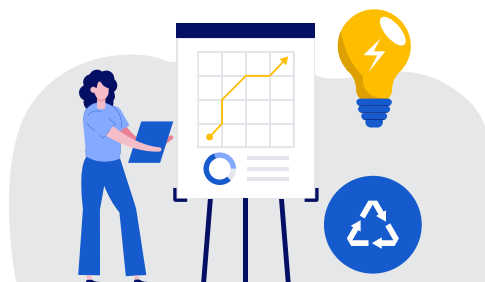
**Pharmacy Phone:** 1-800-2REFILL (800-273-3455)



### Woodman's Grocery Delivery

Woodman's delivers groceries directly to your home. With an easy-to-use website, you can filter by category and select the food items you're looking for. You can also use the search function to search for a specific grocery item.

## ADDITIONAL NATIONAL RESOURCES AVAILABLE



### 'How to Choose a Nursing Home' (NIH.gov)

Choosing the right nursing home requires careful consideration for an individual's short term and long-term needs. The NIH provides guides and resources for seniors to choose the nursing home or care facility that will work best for them.



### 'Long-Term Care Choices' (Medicare.gov)

In addition to nursing homes, there are plenty of other long-term care options for seniors. The Medicare website has an extensive list of options that an individual may choose from, as well as guides on how to select which option is best.

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### **'Seniors & Medicare and Medicaid Enrollees' (Medicaid.gov)**

Over 12 million people are dually eligible for Medicare and Medicaid. The Medicaid website has resources that provide guidance on the specific benefits for each individual and how to use them.



### **'VA Benefits for Elderly Veterans' (VA.gov)**

Elderly veterans are eligible for additional benefits from the VA, beyond those available to all veterans. These benefits include home aid, long term care assistance, community service programs, and more. The agency also has resources to help determine eligibility.



### **'Programs for Seniors' (HHS.gov)**

The Department of Health and Human Services provides several programs that distribute health information for seniors and tools for staying healthy as an individual ages. There is also an elder care locator that connects individuals to service providers in their area.



### **'Nursing Home Care' (CDC.gov)**

The CDC has data and research available on nursing home trends in the United States, such as licensure, for-profit vs nonprofit, and more. The agency's data finder has 49 trend tables to track the most pertinent details of facilities across the country.



### **'Senior Companion Program' (Benefits.gov)**

The Senior Companion program offers grants to organizations across the country to help better engage the local elderly community in service projects. The goal is to expand the participation of those 60 and older in volunteer opportunities.



### **'Senior Nutrition' (ACL.gov)**

The Senior Nutrition program's goal is to reduce food insecurity, hunger and malnutrition among the elderly population. It also works to enhance socialization and promote healthy habits in older adults.



### **'Alzheimer's Disease & Dementia Help' (ALZ.org)**

The Alzheimer's Association boosts global research and promotes early detection for the disease. It also helps connect families and individuals with Alzheimer's with resources they need to continue to maintain the best quality of life.



### **'Empowering America's Seniors' (AARP.org)**

AARP's mission is to empower people as they age. The organization provides a variety of resources for seniors, from health and wellness to tax aid and career searches at both a national and local level.



### **'At-Home Meal Delivery' (Meals on Wheels)**

Seniors who are experiencing food insecurity or hunger can benefit from Meals on Wheels, which operates over 5,000 community-based programs throughout the country to help not only deliver nutritious meals but also provide seniors with a sense of community.

# A Helpful Guide of Available Resources for Seniors

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### 'AgeWell Planner' (NCOA.org)

The National Council on Aging offers an age well planner offers highly personalized resources and tools to help older adults. These include connecting individuals with the proper assistance programs as well as tips for financial and physical wellness.



### 'Family Caregiver Alliance' (Caregiver.org)

The Family Caregiver Alliance provides services to the family caregivers of older adults with physical and cognitive disabilities including Parkinson's and Alzheimer's. The agency helps families with care planning, wellness programs, legal representation, and more.



### 'AmeriCorps Senior Volunteers' (AmeriCorps.gov)

AmeriCorps Seniors provides individuals 55 and older with a chance to serve the community. Some of the AmeriCorps programs include the Retired and Senior Volunteer Program and the Foster Grandparents Program.



### 'Aging and Disability Resource Centers' (ACL.gov)

This is a collaborative initiative to help streamline long term care for aging and disabled adults. The organization coordinates with state and federal programs to ensure that individuals are receiving the most comprehensive care possible.



### 'Eldercare Locator' (ACL.gov)

The elder care locator doesn't just provide aging adults and their families locate care facilities. It also connects families with transportation, insurance and benefits, housing, and other support services they may need.



### 'National Institute on Aging' (NIH.gov)

The National Institute on Aging is a resource for research and information on aging populations in the United States. Individuals can find a range of health information available on the NIH's National Institute on Aging website.

Brought to you by

## EDEN SENIOR CARE

This guide for seniors living in Wisconsin is provided free of charge by Eden Senior Care (**[edenseniorhc.com](http://edenseniorhc.com)**), an industry leading network of skilled nursing and assisted living facilities in Wisconsin, dedicated to delivering excellence in post-acute rehabilitation and long-term care. For additional information on assisted living or skilled nursing facilities in Wisconsin.

call us at  
**773-825-3336**

please contact us  
**[www.edenseniorhc.com](http://www.edenseniorhc.com)**

WE'RE HERE FOR YOU.

